



Jesus our  
Teacher

Christ the  
Physician  
(doctor)

Jesus taught us to **love our neighbors** as ourselves, being kind and doing good for everyone, **everyone is our neighbor**.

- Jesus said, When we are doing something nice for someone else, it is as if we're doing something nice for **Him**.

Jesus listed many good acts we can do, such as

- feeding the hungry,
- clothing the naked,
- sheltering and welcoming the homeless,
- visiting and comforting the sick and the imprisoned,
- And burying the dead.

These acts of kindness are called **Corporal Works of Mercy**.

**Corporal = Body**





## SAINT CATHERINE OF SIENA

Saint Catherine was born in Siena in 1347. From a young age she began to have mystical experiences, seeing guardian angels as clearly as people.

- Like us living with COVID-19, St. Catherine lived in the time of the plague. She would bravely go help those who were sick and dying.
- Catherine developed a habit of giving things away and she continually gave away her family's food and clothing to people in need. She never asked permission to give these things away, and she quietly put up with their criticisms.



the Good Samaritan  
(*the video will help  
you remember*)? All  
the men who  
passed by were  
very different.  
Different in religion  
and personalities.  
The two men didn't  
even know each  
other! All three  
men who passed  
the injured man  
were very different.  
It was a neighbor  
helping a neighbor.

How can you  
be like the Good Samaritan?



## Feed the Hungry

- Donate food to food pantry or candy drive
- Do extra chores to earn money and give it to the poor box at church
- Help your mother fix dinner
- Eat the food you are given without complaining offering it as a sacrifice for those who do not have any food



## Give drink to the Thirsty

- Help a younger sibling get a drink
- Let someone go before you in line at the drinking fountain
- Don't waste water at home
- Donate to countries trying to build wells

Jesus says, "I Thirst."



## Shelter the Homeless

- Welcome a new boy or girl at school or in the neighborhood
- Be friendly to someone who seems lonely
- Give money to the missions (St. John Bosco built homes for poor boys)



## Clothe the Naked

- Give away old clothes to the Thrift shop
- Lend an extra pair of gloves to a friend
- Help your little brother or sister get dressed

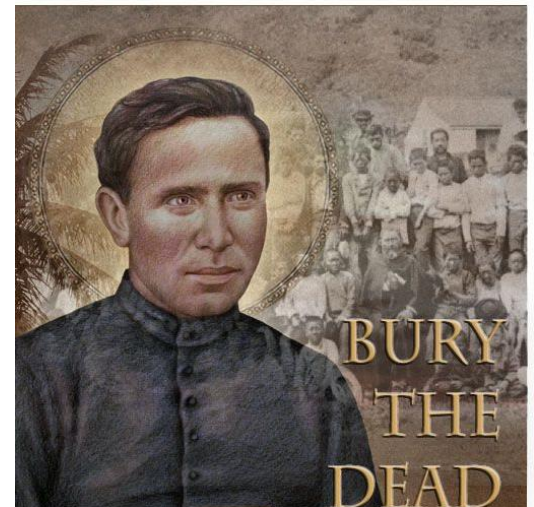
# Visit the Sick and the Imprisoned

- Make a card for a classmate who is sick
- Help an elderly neighbor who can't do chores around the house
- Say a Hail Mary for someone who you know are sick
- Visit a neighbor or grandparent
- Pray for a person in prison that they be sorry for what they did and become friends with God
- Pray for families that may have someone in prison



# Bury the Dead

- Pray for those who have died
- visit the cemetery and pray for the people buried there. *(St. Cecilia and early Christian martyrs were killed for burying their friends who had died)*
- Send a card to someone who lost a loved one
- Help with a bereavement ministry
- Help clean up a cemetery







Truly, truly, I say to you, as you did it to the least of My brethren, you did it for Me.

- Jesus